

Co-Curricular Programme



The

Mossbourne Co-Curriculum

We believe in pushing our pupils to achieve their full potential in every aspect of their lives.

We want our children to know that nothing is impossible.

The Mossbourne Co-Curriculum is a programme of experiences and opportunities outside of the classroom that empower learners to achieve brighter futures.

From music to medicine, we ensure that every Mossbournian has an equal opportunity to build connections, expand their skills, and become exceptional in their chosen field.

We're committed to breaking down barriers. That means that our co-curriculum is available to all pupils at no cost. We're investing in our children's talents and their futures so that every child knows there are no limits to what they can achieve.





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Weekly Clubs

We provide all students with a wealth of opportunities to feed their interests and curiosity through our comprehensive Enrichment Programme. This programme covers a truly diverse selection of topics and activities.

Each activity has a weekly session and usually culminates in an annual event that showcases the efforts of the students throughout the year.

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School (7.05am-8am)	Year 8 Boys Football Team TBA	Year 9 Boys Football Team SCA		Year 7 Boys Football Team JPO	Sixth Form Basketball JPO
Lunch	Year 7-9 Recreational Sport SCA Jazz band Steel Pans MCA Rockers TGO	Year 7 Netball AYE	Year 10-11 Netball KD Beginner Strings PCH Steel Pans	String Ensemble GS Senior String Ensemble GS Maths Society Years 12/13 FST 202 Year 7 Team Basketball JPO Chess Club (All years) GCA 324	

After School (Monday to Wednesday: 15.45-16.45) (Friday: 13.15- 14.30)	Year 7-10 Girls Football TBA Year 8-9 Basketball JPO Choir FNJ/ RM Drama Club (Y7 and Y8) Auditorium MSW	Junior Band PCH/TGO/ FNJ Year 8B/9B Netball JPO/AYE/ SCA	Trampolining Club SCA Senior Band PCH/TGO/ FNJ	Year 10/11 Basketball JPO Year 7A, 8A, 9A Netball AYE
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KS3 Prep Clubs (Year 7 and 8)

To extend the opportunities we offer our students outside of the traditional curriculum, the Year 7s and 8s choose two co-curricular clubs to enjoy through each year of KS3. These allow students to participate in new opportunities and hopefully inspire future interests and hobbies. The Year 7 and 8 prep club programme will begin in January 2026. Examples of clubs from 2025/6 can be found below.

Monday P8	Thursday P7
Violins	Cello
Clay	Gardening
Dungeons and Dragons	Comedy
Backgammon	Basketball
Manga Drawing	United Nations
NextGen Economists	Chess
Art History	Table Tennis
Beginners German	Badminton
	Japanese Culture, Manga & Anime

The Bourne Scholar Programme

Our wider curriculum offers the Bourne Scholar programme: a weekly lesson for Years 7-11 that encompasses a whole host of different strands featuring extra-curricular topics designed to enrich and enhance a Mossbourne student's experience. The title Bourne Scholar captures the idea that our students are not just learners—they are inherently scholars. It reflects our belief that the pursuit of knowledge, curiosity, and excellence is part of who they are.

At KS3, the Bourne Scholar programme is built on four foundational pillars: Culture, Community, Character, and Scholarship. Students engage in a thoughtfully designed curriculum that broadens their horizons through topics such as Philosophy, Climate Change, First Aid and Wellbeing, Ancient Civilisations, Storytelling, the history of Hackney, Charity, and Advocacy.

Rooted in research on the key ingredients for long-term wellbeing, our KS4 programme offers students the chance to explore activities aligned with four pillars of happiness: Serve your community, Find your voice, Move your body, and Channel your creativity. Options include Journalism, Dance, HIIT, Yoga, Film, Debating, Cooking, and many more. Throughout Years 10 and 11, students will experience activities within all four pillars.

With a focus on oracy, presentation skills and teamwork, the Bourne Scholar programme gives our students a platform to grow in confidence, develop their extra-curricular interests and become explorative, inquisitive and passionate learners.

Key Stage 3 Bourne Scholar Curriculum

Year 7

- How did Hackney become Hackney?
- · Celebrating the diversity in our community
- How can I help myself and others? First aid and well being
- Design your own Computer Game
- How do charities work?
- How do languages evolve? Latin and the ancient world
- How else can I say it? Global storytelling traditions
- How do I decide? Introduction to Philosophy
- Are we too late to save the world? Your role in the climate crisis

Year 8

- Why should I care about climate change? Global communities & environmental activism.
- Do I need other people? How relationships shape your life
- How can computers work for me?
- How can I speak up for myself and others? Student advocacy skills.
- If you weren't Roman, who were you? Introduction to the classical world
- What can I learn from a pile of rocks? The world through objects.
- Am I always free to choose? Philosophy continued.
- Is the system broken? Politics in the UK & internationally

Year 9

- When will I speak up? Local history and social justice.
- Storytelling How are stories constructed and told
- Has sex changed? Sex and gender views, roles and perspectives
- Why should I be governed? Political systems

Key Stage 4 Bourne Scholar Curriculum

Strand	Year 10 & Year 11 – Students select one from each strand in each year
Comedy Serve your community	 How can I help marginalised groups in the local community? Navigating the usage of technology in the modern World How can I help marginalised groups in the local community?
Find your Voice	 Public speaking and debating Creative Arts Writing Film and Media Studies
Move your body	Yoga and meditationHIIT and circuit trainingDance
Channel your creativity	 Journalism and magazine writing Cooking and catering History of art and cultures

Mossbourne Co-Curriculum

Mossbourne Strands Opportunities



Architecture and Built Environment

Mossbourne's Architecture and Built Environment Programme provides a range of opportunities, experiences and challenges designed to spark interest in Architecture, Structural Engineering, Urban Planning and other built environment fields. The goal is to increase the number of students who have a firm foundation for pursuing careers as architecture and built environment professionals.

Students are giving opportunities throughout their time at Mossbourne to take part in drawing and model-making. With added opportunities to meet practicing architects, engineers, city planners and other built environment professionals, leading on to our Sixth form programme.

Mossbourne Sixth Form students within the Architecture and Built Environment programme create portfolios and are encouraged to enter external design competitions. They also are helped with finding work experience placements and are supported through the university application process.



Mossbourne HAC Combined Cadet Force

The mission of the Mossbourne HAC Combined Cadet Force is to give young people access to opportunities for personal development outside of the classroom.

Over the course of their time with the CCF, cadets embark on a range of trips, training camps, qualifications and leadership events that will shape their growth into young adults.

Although cadet forces follow some of the customs and traditions of their parent Service – in this case, the Army - the purpose of the CCF is not to produce soldiers or military personnel. Cadets make no commitment to military service of any kind when they join.

Instead, the intent is to offer challenging and fun activities designed to prepare Mossbourne cadets to be active members of the community while developing valuable life skills.



Medicine

The Mossbourne Medical Society runs across both of the Federation's secondary schools and is comprised of two programmes:

- MedSoc for Year 7-11 students
- Medicine Bursary and MedSoc for selected who join us in the Mossbourne Sixth Form

MedSoc 7-11 and Mossbourne Sixth Form MedSoc is our internal outreach programme designed to introduce students to the wide range of career paths in healthcare they could aspire to follow. Activities offered include the UK's first school-based NHS Cadets course in Year 9.

If joining the Mossbourne Sixth Form, students have the opportunity to join the Medicine Bursary programme, which has been developed to help young people, especially those who do not have parents who went on to higher education, prepare for the rigorous process of applying to study Medicine, Dentistry or Veterinary Science at university.

Medicine Bursary activities include:

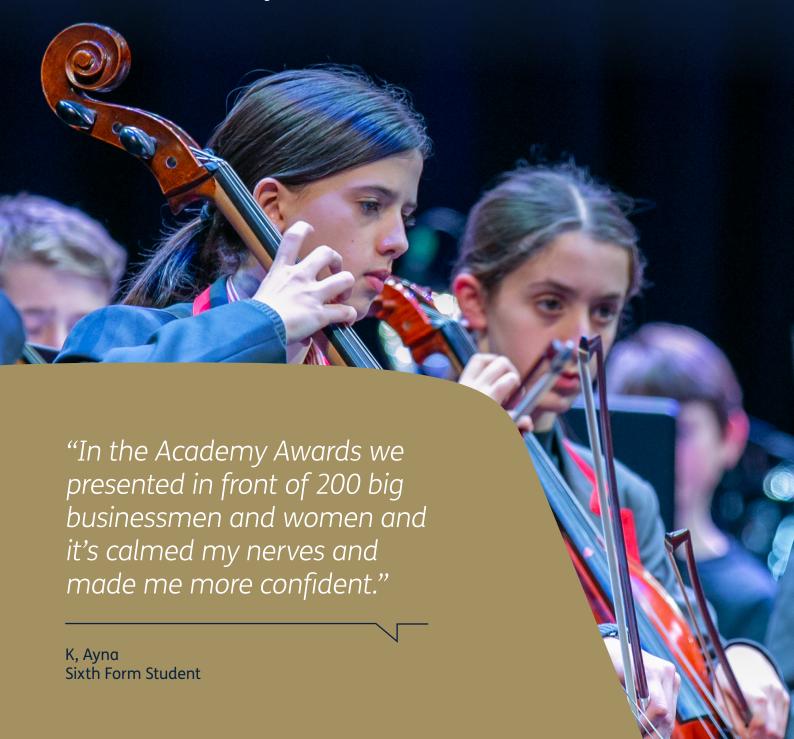
- Discussions with visiting healthcare professionals
- Group projects and presentations
- Simulated medical scenarios
- Access to relevant work experience and volunteer opportunities
- Frst aid training
- Expert support and mentoring whilst applying to degree courses



Music

At Mossbourne Community Academy there are a range of opportunities for instrumental and vocal musicians to express themselves cr eatively. Currently, over 100 students participate in extra-curricular music clubs. Performances are held throughout the year, featuring different musical styles performed by bands, choirs, string ensembles, and soloists, to name a few.

At the end of each academic year, students from all Mossbourne academies come together to showcase their musical achievements during our annual Federation Concert.



Grocers' Platinum Jubilee Scholarship

In honor of Queen Elizabeth II's Platinum Jubilee, the Grocers' Charity offers a unique, life-changing travel scholarship for a Year 12 student at Mossbourne Sixth Form. This remarkwable opportunity allows one lucky student to embark on a fully funded 2-3 week international volunteer trip with Projects Abroad, experts in facilitating impactful travel and volunteering experiences.

The scholarship offers:

- A grant (up to a certain amount) covering all travel, accommodation, food, visas, vaccinations, and necessary equipment for the trip.
- The freedom for the successful applicant to choose their travel destination and volunteer activity within Projects Abroad options.
- The opportunity to travel anytime between July and September (the summer before Year 13 starts).

Why students should apply?

- Make a difference: Engage in volunteer projects that tackle global social and environmental challenges.
- Gain international experience: Work alongside volunteers from around the world and broaden your horizons.
- A gift for your future: This scholarship is a grant that does not need to be repaid.

Grocers' Academy Awards

The Grocers' Academy Awards is an annual competition organised by The Worshipful Company of Grocers. It aims to foster entrepreneurial and presentation skills among sixth-form students. Teams from various academy schools develop and present a fictional investor pitch to judges, who are successful entrepreneurs, to raise funds for a commercially and socially beneficial product or service.

The competition helps young people develop financial literacy, teamwork, and public speaking skills. The event culminates in a Grand Final at Mansion House in the City of London, where the winning teams from different academy schools compete.

Learning Area Enrichment Weeks

Each Learning Area also hosts an Enrichment Week dedicated to extracurricular opportunities; these often include external speakers and a range of competitions and experiences for all year groups. Due to the wide variety of enrichment opportunities on offer, the curriculum experience at Mossbourne fosters students who are informed, curious, confident, empathetic, healthy and resilient.

Example of activities 2025/6

English: Comedy club, Creative Writing, Author event, KS5 book club, Film screening, Poetry workshop

Humanities: Walking Tour of Hackney, Film Screening at the Rio Cinema trip, Local Historian talk on Women's History in Hackney

Art and Technology: DT workshop; redesign Hackney Downs Park, Jewellery making, Origami making, Graphics workshop; making a logo, Art workshop; mindfulness colouring, Food workshop, upcycling competition

Maths: How maths changed football, KS3 Chess club, Pi reciting contest, Countdown competition, Junior UKMT KS3 competition

Performing Arts: Choir open rehearsal, Samba Open rehearsal, beginner strings try out.

Science: Rat dissection, How did we get here? The story of life on earth, from cells to dinosaurs to chickens, Creepy crawlies investigation, Heart dissection, The Chemistry of Smells and Bangs, Genetic Engineering, Airbending and waterbending using electricity.

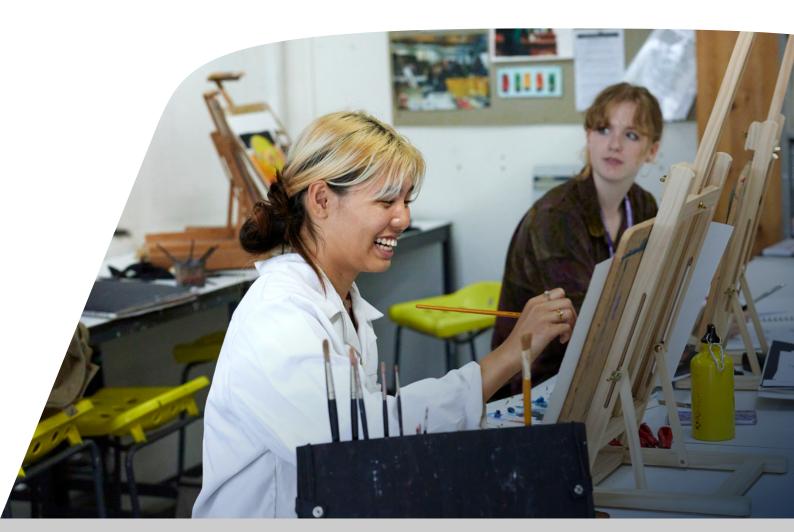
Culture and Diversity week: Themed food in the canteen, Jack Petchey speeches in Assembly, themed clubs, competitions, Talent show, external speakers, sixth form film festival.

MFL: learning new languages through taster sessions (such as Portuguese and German), Eurovision Extravaganza, French idioms session, Spanish and German Festivals

PE: tournaments for different sports during lunch times such as basketball and bench ball.

LA Enrichment Week dates 2025/6

Enrichment Week	Dates
MFL	17th November to 21st November 2025
Humanities	13th April to 17th April 2026
PE	19th January to 23rd January 2026
Art and Tech	26th January to 30th January 2026
Performing Arts	2nd February to the 6th February 2026
Science	9th March to 13th March 2026
English	16th March to 20th March 2026
Culture and Diversity	20th April to 24th April 2026
Maths and Computing	11th May to the 15th May 2026



Duke of Edinburgh

The Duke of Edinburgh's Award (DofE) is a two-year programme that begins with the Bronze Award in Year 9 and progresses to Silver in Year 10. The Award is made up of four key sections: Volunteering, Physical, Skill, and an Expedition.

For the **Bronze Award**, students choose one section to complete over six months, with the remaining two running for three months each. They are expected to dedicate **one hour per week** to each section, and an assessor provides a report at the end, outlining their achievements.

The **Silver Award** follows a similar structure, but students must complete **six months of volunteering** and then choose one of the other two sections (Physical or Skill) to do for six months, with the remaining one lasting three months.

Students meet **once a week in a timetabled session** where they learn essential expedition skills such as navigation, camperaft, cooking, and route planning.

Expeditions are a highlight of the programme:

- **Bronze:** A two-day expedition, with training in Epping Forest and the qualifying expedition in The North Downs.
- **Silver:** A three-day expedition, with a practice in The Forest of Dean and a qualifying expedition in The Brecon Beacons.

These expeditions are often the most memorable part of the DofE journey. They help build resilience, independence, and teamwork—and strengthen the bonds between students and staff alike.

Talk the Talk

Talk About Communication is a fast-paced and engaging communication workshop that develops students' oracy skills and spoken confidence. This workshop, run by Talk the Talk, takes place annually at MCA for selected Year 8 students. Students explore different modes of communication, develop effective use of structuring in short talks and presentations and apply persuasive language techniques to get their message across confidently and effectively. Within this workshop each student will speak in front of their peers, a minimum of three times, while learning core components around visual, vocal and verbal communication. In addition, these sessions provide students with core speaking and listening skills, which can be used in all lessons across the curriculum. Next academic year we will also run their Talk About Transition workshop for selected Year 7 students. This is a half-day oracy workshop featuring group and paired work on discussing and presenting talks on 'opportunities and challenges' faced before, during and after transitioning to secondary school.



Through our partnership with the Honourable Artillery Company, we offer fully-funded access to the Combined Cadet Force (CCF) for all students in Year 9 and above. CCF activities help to develop key skills such as team-work, confidence, respect and resilience which align strongly with our ethos at Mossbourne. CCF offers students the opportunity to participate in parades, excursions and camps, and the chance to meet new people and learn skills beyond the classroom.

Sixth Form Competitions

Meyer Essay Competition Prize

In April 2019, the children of Anthony Meyer, who was a Member of Parliament from 1970 to 1992, presented books from his library to the Mossbourne Community Academy Library. Anthony Meyer believed that it was really important that young people are encouraged to play an active part in politics. The Meyer family wish to continue their connection with the students at Mossbourne Community Academy. This is how the Annual Meyer Essay Prize was born. The prize is in memory of Anthony Meyer and his wife Barbadee who worked so closely with him in his political career.

Grocers' Livery Company Academy Awards

A Dragon's Den-style competition where a team of six students collaborates with mentors from the finance and marketing industries to develop a business idea based on a specified theme. The team then presents their pitch to a panel of esteemed judges, competing for a £5,000 prize for the school.

Quiz Bowl

A team of six students represents the school in a general knowledge competition against other schools. The event is hosted by the American School in London.

Mark Evison Foundation

The foundation offers awards of up to £500 for students aged 16-18 to plan, budget, and execute ambitious, non-academic projects of their own design—either individually or in groups. These awards support physical, creative, or innovative leadership projects that challenge students to step outside their comfort zones, build teamwork and leadership skills, and develop valuable life experience.

Rowley-Pierce Prize

This prize encourages students to explore their intellectual and creative interests, both within and beyond their academic subjects. Each year, a theme is set—for example, last year's theme was "Exploration." Students submit work in one of four categories: essay, creative project, STEM research, or built environment design. Teachers shortlist submissions, and finalists present their projects to a panel of school governors. Previous winners have successfully referenced their projects in university applications.

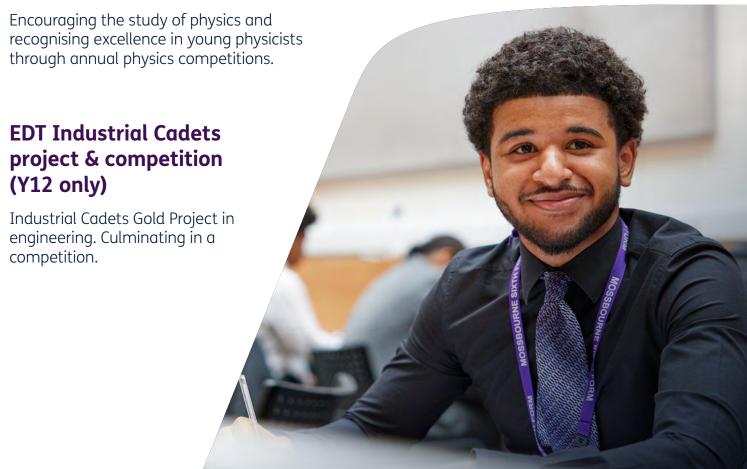
Biology Olympiad

Advanced problem-solving competition for A level students and entry point for UK students to take part in the International Biology Olympiad.

Chemistry Olympiad

Leading chemistry competition for students across the British Isles. Designed to challenge and inspire, the UK Chemistry Olympiad (UKChO) is a unique opportunity for students to push themselves further and excel in the chemistry field.

Physics Olympiad



Sixth Form Enrichment on Wednesday afternoons

Every Wednesday afternoon, our Year 12 students have an opportunity to enrich their learning outside of the classroom. The enrichment provision is responsive, with activities changed based on student desires and needs.

Some students take the opportunity to develop a new skill which supports their physical and mental health, by taking part in yoga or kick boxing. Others choose to enquire beyond the curriculum and join the STEM or Play societies. This year, in STEM society, students were tasked with giving a presentation on their answer to one of the 'Big Questions in Science'. In order to research fully, they visited two museums, read and analysed journal articles, and worked on their presentation skills. PlaySoc involved the reading and discussion of some famous plays, before going to see them in real life!

Our enrichment offering also supports our local community. We have students who volunteer to help younger students with their reading at other Mossbourne schools. Wednesday afternoons is also when the Medical Bursary and Architecture Programmes run. Students who are part of the Medical Bursary or Architecture programme use this time to go on visits and take part in workshops to learn more about their courses and prepare for their University applications. Our Architects visited Universities and architecture firms to see what a day on the job looked like. The Medical Bursary students visited labs and hospitals and took part in a first aid simulation.

This year, we had twelve different options for our students to choose from, both on site and throughout Hackney. Furthermore, the enrichment programme goes through two cycles, so students will be able to do two of these activities over the course of the year.

For students who wish to complete the Extended Project Qualification, Wednesday afternoons can also be used to make progress on their research and writing.



Sixth Form Societies

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A sample of 2025/6 Societies:

Society	Time
Psychology Society	Tuesday Period 5 (12:40)
Debate Society	Wednesday Lunchtime
Humanities Society	Wednesday (3:45 - 4:15)
Economics Society	Thursday Period 5 (12:40 - 1:10)

Student Leadership Opportunities

Year 10s are invited to apply for a leadership opportunity whereby they will work with Parkside Primary school over a series of Friday afternoons. This will offer them the opportunity to explore this field of work as well as developing their oracy and confidence.

School Council & School Ambassadors

The School Council is a leadership opportunity that enables students to represent their form or year group. It is made up of Year Reps, Councillors, and led by the Head Students under the supervision of Academy staff. The Council meet during tutor times and at the end of the Academy, day several times during a Half Term. The Council also read and gather views from their year group on issues that are important to them and present them to senior members of staff for consideration.

This academic year, the council have been consulted on rewards and achievement and their suggestions will be used to help develop celebrations of success around the Academy. The Star of the Fortnight award was created based on their suggestions. They were also taken on a trip to Parliament to see how democracy works, and we look forward to seeing how this develops them and the ideas they bring to us.

The School Ambassadors is an opportunity where students work with the members of the Senior Leadership Team and take visitors on tours of the Academy.



Senior Students

At the end of last academic year, 83 of our current Year 12s applied for Senior Student Leadership – the largest number of applicants we have had to date. Students that applied were asked to deliver a 1-minute pitch, the quality of the pitches was outstanding.

2025/6 team:

- Lily Sentance
- Kamsi Akano
- Albiona Suli
- Adrienne Caston
- Kaydon Addai
- Hannah Simpson
- Ishaana Cannell
- Naima Ibrahim
- Salman Ussen

- Sidney Sanders
- Lucy Drury
- Eniola Akinniyi
- Leo Westerburg Burr
- Zahra Rayegani
- Amelie Loakes
- Louis Dorante Macintosh
- Shania Chifi
- Joseph Cole

- Amirah Akanbi
- Ariana Osuagwu
- Jedidiah Fadiviato
- Jemima Harud
- Finn Groarke
- Bianca Salvato-Foresti
- Lena Westgate



The different Learning Area offer students with trips throughout their journey at MCA. This may be a subject workshop, a Geography field trip or a trip to a site further away such as Belgium. All year 9s will be offered



Guest speaker slot KS4 & KS5

On Thursday mornings, Year 12 and Year 11 students benefit from an inspiring visiting speaker who is either a leading representative of their career field or an expert from higher education institutions. Through these presentations, students gain knowledge of a vast range of career and university pathways, with opportunities to ask questions.

For Year 11 students, this takes place during registration and offers them a taste of Sixth Form life as well as broadening their understanding of careers and future pathways.

For Year 12 students, the presentation is longer and these experiences are dedicated, timetabled events attended by every Year 12 student across the entire school calendar year, ensuring that everyone in the group has equal access to information about the world of work and university. As a consequence, students are well-placed to learn about an array of exciting paths beyond their Mossbourne Sixth Form experience.

Past speakers have included architects, barristers, charity workers, doctors, financiers, journalists, national security experts and solicitors, plus many more. Regular speakers include Bea Shepherd from Inigo Insurance, Dr Michael Farquhar, a Consultant from Evelina London Children's Hospital and Darryn Frost, the founder of Own Merit, a Social Enterprise dedicated to supporting people to rebuild their lives after prison.

Careers Programme

Students benefit from higher education and careers opportunities throughout their time at MCA. Although activities and speakers vary slightly year-by-year, the below is an indication of the careers provision for each year group in KS3/KS4. The careers programme has been developed in line with the Gatsby Benchmarks and ensures that students are given frequent opportunities to explore higher education and career options that they may wish to pursue in the future.

Opportunities marked with * indicate that these activities only involve specific students who meet the eligibility criteria.

Year Group	Provision
Year 7	 Careers assembly Whole-day National Careers Challenge, an enterprise-focussed competition helping students to develop key employability skills IntoUniversity workshops* Careers-related information as part of National Careers Week across different learning areas
Year 8	 Careers assembly Alumni panel Careers-related information as part of National Careers Week across different learning areas IntoUniversity workshops* One-off events – e.g. Rae Harbird Coding Day*, Goldsmiths' Trip*
Year 9	 Careers assembly University panel University visits* IntoUniversity workshops* The Scholars' Programme* Alumni talk Access to Unifrog by the end of Year 9

Year 10 Target Oxbridge* Careers assembly Post-16 Inclusion Morning for students with SEN • 1:1 careers meetings begin in summer term · Careers fair Unifrog session on Personal Development Day • One-off workshops – e.g. PwC Skills Sessions, UCL Economics Conference IntoUniversity workshops* Year 11 • Careers assemblies Post-16 Introduction talk at the beginning of Year 11 • All students are offered a 1:1 meeting with an independent careers advisor Drop-ins and additional 1:1s with MCA Higher Education and Careers Officer • Post-16 Inclusion Morning for students with SEN • Speaker Slot with professionals from different industries College, apprenticeship and sixth form fair IntoUniversity workshops* • BelEve mentoring programme* Careers and post-16 focussed Personal Development sessions Access to Unifrog • One-off events – e.g. college drop-in sessions, investment banking talk with GAIN Year 12 and 13 • Speaker Slot with professionals from different industries Work Experience Higher Education and Careers Prep Programme IntoUniversity workshops · Visits to Workplaces and Higher Education Institutions • Post-18 Preparation Lessons • Subject Support Groups, preparing for University Mock Interview Afternoon Lecture Day Access to Unifrog • Support for specialised pathways such as Oxford/Cambridge, Medicine, Architecture, Degree Apprenticeships and USA Universities • Personalised support for a range of applications • One-off events e.g. visiting speakers, mentoring sessions

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